

# September Happenings



Haymarket/Gainesville/Bristow Jazzercise

Thank you to everyone who came out for the Anniversary Celebration Open House and welcome to all those who signed-up at either the Open House or the One Day Sale in August! We can't wait to help you meet your health and fitness needs!

But alas, Fall is in the air. School is starting (or has already started back for some of you) and that means schedules get crazy. But don't forget to keep working out! It will help you have more energy to get through those busy schedules. For some great tips on getting through these stressful times, here is an article on Jazzercise.com: [Stress Busters](#).

And thank you for everyone's great feedback on the floors. Glad you are enjoying them and remembering to change your shoes before entering. It makes a huge difference and keep the feedback coming.

Please note important schedule changes for Labor Day Weekend below and NO Body Sculpting on Thursday, September 2.

## Reminder: Great Referral Program!

Don't forget about the great program Jazzercise has when you refer new customers. With this program, the more people you refer, the more money YOU save. For each referral, you will get 50% off one month EFT. When you reach 10 referrals, you get ONE YEAR FREE! And you can give customers a DVD that shows a sneak peek inside a Jazzercise class and an exclusive offer of one month FREE!

## Haymarket Day

We will once again have a demo at Haymarket Day this year, on Saturday, September 18!

We need you to make it GREAT! We are looking for about 10 volunteers to join us on stage and show how great Jazzercise is. Sign-up sheet and shirt order form will be on the community board.

The stage will be by A Very Thing Consignment, right across from the center.

## Instructor Meeting

Your fabulous instructors are having an off-site strategic planning meeting on Friday, Sept 24th starting at 6pm. In this meeting we will work on bringing you a full and robust Fall/Winter schedule to help you hit those fitness goals and achieve results!

## Class Schedule Changes and Reminders

We will have a **modified schedule for Labor Day weekend**, September 4-6.

- Saturday (4th) – regular class schedule
- Sunday (5th) – 9:15 a.m. ONLY
- Monday (6th) – NO CLASSES

**NO Body Sculpting** on Thursday, **September 2**.

**NO 4:45 p.m. class** Friday, **September 24** – Instructor Meeting.

**Sunday morning classes will remain at 9:15 a.m.**; they are NOT moving to 9 a.m. as previously published.

We are working to bring back 5:55 p.m. classes for you this fall. Stay tuned!